



### **SECTION I: SCENARIO OVERVIEW**

| Scenario Title:          | Inferior wall MI → Code Blue post-smoke inhalation |                                                        |  |  |  |  |
|--------------------------|----------------------------------------------------|--------------------------------------------------------|--|--|--|--|
| Original Scenario De     | eveloper(s):                                       | Dorothy Nunn, MSN & Amy Flock, RN                      |  |  |  |  |
| Date - original scenario |                                                    | 8/15/07                                                |  |  |  |  |
| Validation:              |                                                    | /15/07 Cynthia Reid, RN                                |  |  |  |  |
| Pilot testing:           |                                                    | 9/28/07                                                |  |  |  |  |
| Revisions:               |                                                    | 9/29/07, 3/02/08, 4/15/11, 12/2014                     |  |  |  |  |
|                          |                                                    | M. Miller, MA, RN, CHSE, M. Punnoose, MSN, RN-BC, CHSE |  |  |  |  |
|                          |                                                    | H. Traxler, MSN, RN, CHSE,                             |  |  |  |  |
|                          |                                                    | 4/2018 H. Traxler MSN, RN, CHSE/mm                     |  |  |  |  |

Estimated Scenario Time: 20 minutes <u>Debriefing time</u>: 40 minutes

<u>Target group:</u> Adv. Med Surg Nursing; New Grad Transition students, PCU staff nurses, critical care teams <u>Core case:</u> smoke inhalation followed by new onset chest pain after admission leading to code blue <u>Brief Summary of Case:</u>

This is Case B, the second of 2 scenarios with this patient. Case A involves a new onset of chest pain, inferior wall MI and a transfer to telemetry; Case B involves to Vfib arrest with recovery.

48 year old male patient is admitted to the hospital post smoke inhalation, received while performing duties as a fire fighter. Originally, he was on the medical floor but was transferred to the telemetry unit post chest pain and inferior wall MI. Due to his history, dehydration, and decreased oxygen from the smoke inhalation and now inferior wall MI, he will progress into Vfib necessitating a full code.

Telemetry/PCU Unit; the patient's wife will come in during the scenario and may wear a wire for prompting by the Simulation faculty. Initiation of a code, BCLS/ACLS and communication with the code nurse is the focus of this scenario. The scenario will end after defibrillation and epi are administered for Vfib arrest and the rhythm is reestablished.

**QSEN Competencies** 

X Patient Centered Care X Patient Safety

Quality ImprovementX Teamwork and Collaboration

### **EVIDENCE BASE / REFERENCES (APA Format)**

Bucher, L. (2017). Dysrhythmias. In Dirksen, L. and Bucher, H. (Eds.). Medical-surgical nursing: Assessment and management of clinical problems (10th ed.), (pp. 757-779). St. Louis: Elsevier.

Dilansky M.A., Moore, S.M., (September 30, 2013) Quality and safety education for Nurses (QSEN) The Key is Systems Thinking. *Online Journal of Issues in Nursing*, 2013; Vol 18, No. 3, Manuscript 1.

Harding, M.H. (2017). Fluid, Electrolyte, and Acid-Base Imbalances. In Lewis, S., Bucher, L., McLean, M., and Harding, M.(Eds.), Medical-surgical nursing: Assessment and management of clinical problems (10<sup>th</sup> ed. pp.270-299). St. Louis, Missouri: Elsevier.

Kleinman, M.E., Goldberger, Z.D., Rea, T., Swor, R.A., Bobrow B.J., Brennan E.E., Terry, M., Hemphill R., Gazmuri R.J., Hazinski, M.F., Travers, A.H. (2017). 2017 American Heart Association Focused Update on Adult Basic Life Support and Cardiopulmonary Resuscitation Quality: An Updated on the AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. *Circulation*. 2017;136:00-00. DOI: 10.1161/CIR.0000000000000539.

Nitroglycerin/Myocardial infarction: Dosing/Administration (2018). In Micromedex (Columbia Basin College Library ed.) [Electronic version]. Greenwood Village, CO: Truven Health Analytics. Retrieved April 11, 2018, from http://www.micromedexsolutions.com/

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#### SECTION II: CURRICULUM INTEGRATION

### A. SCENARIO LEARNING OBJECTIVES

# **Learning Outcomes**

- 1. Apply effective clinical decision making skills in changing situations.
- 2. Recognize emergent situation and identify resources.
- 3. Communicate effectively with nursing and members of interprofessional team

# **Specific Learning Objectives**

- 1. Apply principles of hand hygiene, infection control and personal protection.
- 2. Introduce self, colleagues and role to involve patient and family members in attendance.
- 3. Gather relevant patient assessment and contextual data to identify patient's current problem.
- 4. Recognize acute changes in patient condition that require immediate intervention.
- 5. Call for additional nursing and interprofessional assistance
- 7. Perform timely interventions to address urgent primary problems as they unfold.
- 8. Communicate effectively with patient's wife during acute situation.
- 9. Communicate effectively with team members using SBAR and closed loop communication.
- 10. Perform BLS/ACLS according to AHA guidelines

### **Critical Learner Actions**

- 1. Perform hand hygiene; correctly identify patient; introduce selves and role.
- 2. Demonstrate focused cardiopulmonary assessment; assess vital signs; O<sup>2</sup> sats; check IV patency
- 3. Rapid identification of unresponsive patient, calls for help immediately.
- 4. Call Code; initiate BLS/ACLS
- 5. Discontinue Nitroglycerine drip and IV with KCl; initiate normal saline
- 6. Communicate clearly utilizing Team STEPPS procedures
- 7. Assign one staff to keep family member aware of changing situations.

| B. PRE-SCENARIO LEARNER ACTIVITIES             |                                                 |  |  |  |  |  |  |  |
|------------------------------------------------|-------------------------------------------------|--|--|--|--|--|--|--|
| Prerequisite Competencies                      |                                                 |  |  |  |  |  |  |  |
| Knowledge                                      | Skills/ Attitudes                               |  |  |  |  |  |  |  |
| □ Pathophysiology of ACS; chest pain protocols | □ Pain Assessment (PQRST); differentiation      |  |  |  |  |  |  |  |
| □ Focused cardiopulmonary assessment           | □ Determining significance of change in status  |  |  |  |  |  |  |  |
| □ Pharmacology of nitroglycerine, KCl          | ☐ Therapeutic communication in acute situations |  |  |  |  |  |  |  |
| □ Current National Patient Safety Goals        | □ BCLS/ACLS protocols                           |  |  |  |  |  |  |  |
| □ Structured Communication Tools (SBAR)        | □ Discontinuing unsafe meds; initiating fluids  |  |  |  |  |  |  |  |
| ☐ Legal aspects of taking telephone orders     | ☐ Interprofessional communication; Team STEPPS  |  |  |  |  |  |  |  |
| □ identify                                     | ☐ Management of environment to maintain safety  |  |  |  |  |  |  |  |





#### SECTION III: SCENARIO SCRIPT

### A. Case summary

48 year old male patient is admitted to the hospital post smoke inhalation, received while performing duties as a fire fighter. Originally, he was on the medical floor but was transferred to the telemetry unit post chest pain and 12L EKG showing inferior wall MI. He has a wife who will come in during the scenario. Due to his history, dehydration, and decreased oxygen from the smoke inhalation he will proceed while on the unit to code. In this scenario he continues to evolve into Vfib necessitating a full code. Learners are expected to assess the patient, recognize the change in patient's VS followed by Vfib Code; call the Code, perform BCLS/ACLS and communicate to Code Team. Team Leader should assign tasks to include communication with wife during scenario. Team STEPPS protocols should be utilized in situation monitoring.

### **B.** Key contextual details

**Medical/Surgical unit**. Telemetry/PCU Unit; The patient's wife will come in during the scenario and may be wired for prompting by the Simulation faculty. Initiation of a code, BCLS/ACLS and communication with the code blue nurse is the focus of this scenario. The scenario will end when the team defibrillates and gives epi for Vfib and the rhythm and level of consciousness is reestablished.

| C. Scenario Cast          |                                              |                                 |  |  |  |  |  |  |
|---------------------------|----------------------------------------------|---------------------------------|--|--|--|--|--|--|
| Patient/ Client           | X High fidelity simulator                    | <del>:or</del>                  |  |  |  |  |  |  |
|                           | □ Mid-level simulator                        |                                 |  |  |  |  |  |  |
|                           | □ Task trainer                               |                                 |  |  |  |  |  |  |
|                           | ☐ Hybrid (Blended simulator)                 |                                 |  |  |  |  |  |  |
|                           | □ Standardized patient                       |                                 |  |  |  |  |  |  |
| Role                      | Brief Descriptor                             | Standardized Participant (SP    |  |  |  |  |  |  |
|                           | (Optional)                                   | or Learner (L)                  |  |  |  |  |  |  |
| Primary RN                |                                              | Learner                         |  |  |  |  |  |  |
| Secondary nurse           | Comes in if called                           | Learner                         |  |  |  |  |  |  |
| Wife                      | Comes in after hearing a code called for her | SP (wired)                      |  |  |  |  |  |  |
|                           | husband's room. Is very upset and            |                                 |  |  |  |  |  |  |
|                           | frightened but responds to nursing           |                                 |  |  |  |  |  |  |
|                           | communication.                               |                                 |  |  |  |  |  |  |
| Rapid Response or Code    | Evaluates code progression. Receives SBAR    | SP- clinical faculty of subject |  |  |  |  |  |  |
| Team                      | and initiates ACLS. Administers              | matter expert                   |  |  |  |  |  |  |
|                           | epinepherine for VFIB with patient           |                                 |  |  |  |  |  |  |
|                           | response to end scenario                     |                                 |  |  |  |  |  |  |
| Back-up RN or Respiratory | Comes in after hearing a code called, sets   | SP or another learner with ACLS |  |  |  |  |  |  |
| Therapist                 | up Ambu bag if not already done, bags pt.    | background                      |  |  |  |  |  |  |
|                           | with 100% O <sup>2</sup> .                   |                                 |  |  |  |  |  |  |





| D. Patient/Client Profile     |         |                      |             |                                  |  |  |  |  |
|-------------------------------|---------|----------------------|-------------|----------------------------------|--|--|--|--|
| Last name:                    | Jones   |                      | First name: | Robert                           |  |  |  |  |
| Gender: Male                  | Age: 48 | Ht: 5'9"             | Wt: 220lbs  | Code Status: Full                |  |  |  |  |
| Spiritual Practice: Christian |         | Ethnicity: Caucasian |             | Primary Language spoken: English |  |  |  |  |
|                               |         |                      |             |                                  |  |  |  |  |

# 1. Past history

Robert Jones, is a mildly obese (BMI 29.5) 48 year old white male, admitted to the medical-surgical floor for dehydration and smoke inhalation, developed while fighting a house fire. Mr. Jones (Bob) became dizzy, fatigued and short of breath. Fire chief referred the patient to the hospital for check-up.

On arrival to the ED, he was alert and oriented with a slight, dry cough and no complaints of pain.

VS: T. 37.8 C° (100°F.), P 120, RR 32. BP 102/62, O2 Sats - 92% on 2LNC

**Primary Medical Diagnosis** Dehydration, Smoke Inhalation,

| 2. Review of Systems                                 |                                                                                                                                                                                                             |                                                                                                                                         |  |  |  |  |  |  |
|------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|
| CNS                                                  | Alert and oriented; PERL, denies syncope or seizures, weakness or tremors, no recent memory problems, depression or mood changes. Visual acuity is intact.                                                  |                                                                                                                                         |  |  |  |  |  |  |
| Cardiovascular                                       | ,                                                                                                                                                                                                           | Sinus tachycardia @ 120; no murmurs, thrills or ectopy. Denies chest pain. Denies orthopnea. In Part A of scenario had inferior wall MI |  |  |  |  |  |  |
| Pulmonary                                            | Smoker PPD for 30 years. RR-32, O <sup>2</sup> sats 92% @ 2L /NC. c/o shortness of breath. Breath sounds: I/E wheezes throughout all lung fields, RR 20, occasional non-productive cough and no hemoptysis. |                                                                                                                                         |  |  |  |  |  |  |
| Renal/Hepatic                                        | Voiding concentrated urine, no pain, frequency or nocturia; no liver tenderness or enlargement                                                                                                              |                                                                                                                                         |  |  |  |  |  |  |
| Gastrointestinal                                     | No abnormalities                                                                                                                                                                                            |                                                                                                                                         |  |  |  |  |  |  |
| Endocrine                                            | Normal middle-aged male; r                                                                                                                                                                                  | o diabetes or other endocrine disease                                                                                                   |  |  |  |  |  |  |
| Heme/Coag                                            | WNL                                                                                                                                                                                                         |                                                                                                                                         |  |  |  |  |  |  |
| Musculoskeletal                                      | WNL                                                                                                                                                                                                         |                                                                                                                                         |  |  |  |  |  |  |
| Integument                                           | WNL                                                                                                                                                                                                         |                                                                                                                                         |  |  |  |  |  |  |
| Developmental Hx                                     | Firefighter for 25 years                                                                                                                                                                                    |                                                                                                                                         |  |  |  |  |  |  |
| Psychiatric Hx                                       | None reported                                                                                                                                                                                               |                                                                                                                                         |  |  |  |  |  |  |
| Social Hx                                            | Social Hx Married firefighter lives with wife of 20 + years                                                                                                                                                 |                                                                                                                                         |  |  |  |  |  |  |
| Alternative/ Complementary Medicine Hx None reported |                                                                                                                                                                                                             |                                                                                                                                         |  |  |  |  |  |  |

| Medication allergies: | Morphine   | Reaction: | Total body rash, dyspnea |
|-----------------------|------------|-----------|--------------------------|
| Food/other allergies: | None known | Reaction: |                          |

|                           | Drug         | Dose      | Route      | Frequency              |
|---------------------------|--------------|-----------|------------|------------------------|
|                           | Lipitor      | 20 mg     | PO         | Every night at bedtime |
| nt                        | NTG          | 5mcg/min  | IVPB       |                        |
| Current                   | ASA          | 325 mg    | PO         | Daily                  |
| \ \frac{2}{2} \frac{2}{2} | Multivitamin | 1 cap     | PO         | Daily                  |
| з.                        | Abuterol     | 2.5mg/3mL | Inhalation | Every 4-6 hours prn    |
|                           |              | nebulizer |            |                        |
|                           |              | solution  |            |                        |





| 4. Laboratory, Diagnostic Study Results |           |           |               |                    |         |  |  |  |  |
|-----------------------------------------|-----------|-----------|---------------|--------------------|---------|--|--|--|--|
| Na: 145                                 | K: 4.0    | Cl: 102   | HCO3: 24      | BUN: 32            | Cr: 1.8 |  |  |  |  |
| Ca:                                     | Mg:       | Phos:     | Glucose: 90   | Glucose: 90 HgA1C: |         |  |  |  |  |
| Hgb: 16.2                               | Hct: 47   | Plt: 325  | WBC: 12.3     | ABO Blood          | Гуре:   |  |  |  |  |
| PT                                      | PTT       | INR       | Troponin:     | BNP:               |         |  |  |  |  |
| ABG-pH: 7.35                            | paO2: 89% | paCO2: 42 | HCO3/BE: 33/2 | SaO2:              |         |  |  |  |  |
| VDRL:                                   | GBS:      | Herpes:   | HIV:          |                    |         |  |  |  |  |
| CXR:                                    | ECG:      |           |               |                    |         |  |  |  |  |

| E. Baseline Simulator/Standardized Patient State (This may vary from the baseline data provided to learners) |                             |           |                             |                            |                                  |  |  |  |
|--------------------------------------------------------------------------------------------------------------|-----------------------------|-----------|-----------------------------|----------------------------|----------------------------------|--|--|--|
| 1. Initial physical appearance                                                                               |                             |           |                             |                            |                                  |  |  |  |
| Gender: Male Attire: Hospital gown                                                                           |                             |           |                             |                            |                                  |  |  |  |
| Alte                                                                                                         | erations in appearance (    | moulage): |                             |                            |                                  |  |  |  |
| Gre                                                                                                          | ey mustache, black/gr       | ay wig    |                             |                            |                                  |  |  |  |
| Х                                                                                                            | X ID band present, accurate |           | ID band present, inaccurate |                            | ID band absent or not applicable |  |  |  |
|                                                                                                              |                             |           |                             |                            |                                  |  |  |  |
| X                                                                                                            | Allergy band present, a     | ccurate   | Allergy band inaccurate     | Allergy band absent or N/A |                                  |  |  |  |

| 2. Initial Vital Signs Monitor display in simulation action room: |                         |                      |                    |                |                              |     |        |  |
|-------------------------------------------------------------------|-------------------------|----------------------|--------------------|----------------|------------------------------|-----|--------|--|
| No monitor disp                                                   | Monitor on, but no data |                      |                    | XМ             | X Monitor on, data displayed |     |        |  |
|                                                                   |                         | displayed            |                    |                |                              |     |        |  |
|                                                                   | I                       | I                    |                    |                |                              |     |        |  |
| BP: 152/92                                                        | HR: 92                  | RR: 20               |                    | T: 100 F       |                              | SpO | 2: 94% |  |
| CVP:                                                              | PAS:                    | PAD:                 | PCW                | 'P:            |                              |     | CO:    |  |
| AIRWAY:                                                           | ETCO <sub>2</sub> :     | FHR:                 |                    |                |                              |     |        |  |
| Lungs:                                                            | Lungs: Left:            |                      |                    |                |                              |     |        |  |
| Sounds/mechanics                                                  | I/E wheezes             | I/E                  |                    |                |                              |     |        |  |
|                                                                   | throughout              | wheezes              |                    |                |                              |     |        |  |
|                                                                   |                         | throughout           |                    |                |                              |     |        |  |
| Heart:                                                            | Sounds:                 |                      | S <sup>1</sup> , S | S <sup>2</sup> |                              |     |        |  |
| ECG rhythm:                                                       |                         |                      | Sinus tachycardia  |                |                              |     |        |  |
|                                                                   | floor                   | oor Inferior wall MI |                    |                |                              |     |        |  |
| Bowel sounds:                                                     | Active bowel so         | unds x 4             |                    | Other:         |                              |     |        |  |





| 3. | 3. Initial Intravenous line set up      |           |       |                            |                                         |               |      |           |                |                                |
|----|-----------------------------------------|-----------|-------|----------------------------|-----------------------------------------|---------------|------|-----------|----------------|--------------------------------|
|    | Saline lock<br>#1                       | Site<br>: |       |                            |                                         | IV            | pate | ent (Y/N) |                |                                |
| Х  | IV #1                                   | Site      |       | Fluid type:                | lı                                      | nitial ı      | ate  | 2:        |                | IV patent ( <mark>Y</mark> /N) |
| Х  | Main                                    | 1:        |       | D5/0.45 NS w/20 mE         | iq   1                                  | 25 m          | L/h  | our       |                |                                |
|    |                                         | RA        |       | KCI                        |                                         |               |      |           |                |                                |
| Х  | IV #2                                   | Site      |       | Fluid type:                | li                                      | nitial ı      | ate  | 2:        |                | IV patent <mark>(Y</mark> /N)  |
|    | Main                                    | ]:        |       | Nitroglycerin              |                                         |               |      |           |                |                                |
| Х  |                                         | LA        |       | 5 mcg/min continuo         | us                                      |               |      |           |                |                                |
|    |                                         |           |       | IV infusion, call          |                                         |               |      |           |                |                                |
|    |                                         |           |       | provider for               |                                         |               |      |           |                |                                |
|    |                                         |           |       | unrelieved CP or<br>SBP<90 |                                         |               |      |           |                |                                |
| 4  | Initial Non-in                          | vasive    |       |                            |                                         |               |      |           |                |                                |
| χ. | NIBP                                    | vasive    | X     | ECG First lead:            |                                         |               | F    | CG Second | دما            | d·                             |
|    | INIDE                                   |           | ^     | ECG FIISt lead.            |                                         | LCG Second le |      |           | ica            | u.                             |
| Х  | Pulse oximet                            | er        | X     | Temp monitor/type          | !                                       | Other:        |      |           |                |                                |
| 5. | Initial Hemod                           | lynami    | c mon | itors set up               |                                         |               |      |           |                |                                |
|    | A-line Site:                            |           |       | Catheter/tubing Par        | Catheter/tubing Patency (Y/N) CVP Site: |               |      |           | PAC Site:      |                                |
| 6. | Other monito                            | rs/dev    | rices | 1                          |                                         |               |      |           |                |                                |
|    | Foley cathete                           | er        | Am    | ount:                      | Appe                                    | arand         | ce o | of urine: |                |                                |
|    | Epidural catheter Infusion pump: agency |           |       | ncy p                      | y pump                                  |               |      |           | Pump settings: |                                |
|    |                                         |           |       |                            |                                         | , , ,         |      |           | 125 mL/hr.     |                                |
|    |                                         |           |       |                            |                                         |               |      |           |                |                                |
|    |                                         |           |       | Environment, Equip         |                                         |               |      |           |                |                                |
|    |                                         | ing: (ex  | xampl | le: patient room, ho       | me, El                                  | D, lob        | by)  |           |                |                                |
| Те | Telemetry Unit                          |           |       |                            |                                         |               |      |           |                |                                |

| 2.  | 2. Equipment, supplies, monitors                                               |  |   |                        |   |                               |  |                                        |  |  |  |
|-----|--------------------------------------------------------------------------------|--|---|------------------------|---|-------------------------------|--|----------------------------------------|--|--|--|
| (In | (In simulation action room or available in adjacent core storage rooms)        |  |   |                        |   |                               |  |                                        |  |  |  |
| Х   | Bedpan/ Urinal X Foley catheter kit X Straight cath. kit x Incentive spiromete |  |   |                        |   |                               |  | Incentive spirometer                   |  |  |  |
| Х   | IV Infusion pump                                                               |  |   | Feeding pump           |   | Pressure bag                  |  | Wall suction                           |  |  |  |
|     | Nasogastric tube                                                               |  |   | ETT suction catheters  | Х | Oral suction catheters        |  | Chest tube kit                         |  |  |  |
| Х   | Defibrillator                                                                  |  | Χ | Code Cart              | Х | 12-lead ECG                   |  | Chest tube equip                       |  |  |  |
|     | PCA infusion pump                                                              |  |   | Epidural infusion pump |   | Central line Insertion<br>Kit |  | Dressing Δ equipment                   |  |  |  |
|     | IV fluid D5/0.45 N<br>Type: w/20 mEd                                           |  |   | IV fluid additives:    |   | IV Piggy back                 |  | Blood product<br>ABO Type: # of units: |  |  |  |

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| 3. Respiratory therapy equipment/devices |                                                                     |   |                  |  |                            |  |  |  |
|------------------------------------------|---------------------------------------------------------------------|---|------------------|--|----------------------------|--|--|--|
| Х                                        | X Nasal cannula Face tent X Simple Face Mask X Non re-breather mask |   |                  |  |                            |  |  |  |
| Χ                                        | BVM/Ambu bag                                                        | Х | Nebulizer tx kit |  | Flow meters (extra supply) |  |  |  |

| 4. | 4. Documentation and Order Forms          |   |                 |       |                            |   |                 |
|----|-------------------------------------------|---|-----------------|-------|----------------------------|---|-----------------|
| Χ  | Health Care                               | Х | Med Admin       | Х     | H & P                      | С | Lab Results     |
|    | Provider orders                           |   | Record          |       |                            |   |                 |
| Χ  | Progress Notes                            | Х | Graphic record  |       | Anesthesia/PACU record     | Х | ED Record       |
| Χ  | Medication reconciliation                 |   | Transfer orders | Х     | Standing (protocol) orders |   | ICU flow sheet  |
| Χ  | Nurses' Notes                             | Х | Dx test reports | Х     | Code Record                |   | Prenatal record |
| Χ  | Actual medical record binder, constructed |   |                 | Other |                            |   |                 |
|    | per institutional guidelines              |   |                 |       | Describe:                  |   |                 |

| 5. | 5. Medications (to be available in sim action room) |                                                                                       |                                           |  |   |            |        |       |
|----|-----------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------|--|---|------------|--------|-------|
| #  | Medication                                          | Dosage                                                                                | Route                                     |  | # | Medication | Dosage | Route |
| 2  | Lipitor                                             | 20 mg                                                                                 | Oral                                      |  | 1 | Epi        | 1mg    | IVP   |
| 2  | ASA                                                 | 325 mg                                                                                | Oral                                      |  |   |            |        |       |
| 1  | Albuterol                                           | 2.5mg/3mL<br>nebulizer solution                                                       | Nebulizer<br>Available<br>in RT's<br>coat |  |   |            |        |       |
| 1  | Nitroglycerin                                       | 5mcg/min<br>Continuous IV;<br>call provider for<br>unrelieved CP or<br>SBP<90increase | IV                                        |  |   |            |        |       |





# CASE FLOW / TRIGGERS / SCENARIO DEVELOPMENT STATES

# Initiation of Scenario: (Shift Report @ 0700)

Learners hear "hand-off" report from learners in previous scenario. Information that should be included from learners for Case B: While on the MS unit, Mr Jones had CP, 12 Lead EKG showed inferior wall MI. He received SL NTG x 1, O2 6L, and aspirin for relief of CP. Now being transferred to Tele unit for closer monitoring. On NTG gtt at 5mg/min and an IV of D5.45 with 20 KCL at 125ml/hour. O2 2L and CP free. Last set of VS: 152/90, 92, 20, 96% on 2L. The learners in the scenario are given the chart after report and sent into the room to begin their assessment and care for the patient. Mr. Jones is alert and responsive, cooperative and agrees to have 2 nurses care for him. Wife has gone to get coffee for a few minutes.

| STATE / PATIENT STATUS                                                                                                                                              | DESIRED LEARNER ACTIONS & TRIGGERS TO MOVE TO NEXT STATE                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                              |  |  |  |  |  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 1. Baseline                                                                                                                                                         | Operator                                                                                                                                                                                                                                                                                                                                        | Learner Actions                                                                                                                                                                                                                                                                                                                                                               | Debriefing Points:                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |  |
| Awake, alert and oriented X3.  No complaints of chest pain c/o dry cough Sitting upright with O <sup>2</sup> @ 2L/nc Responsive to questions  Male voice; dry cough | Gradually begin to drop the HR to 60, O2 sat to 90% and RR to 12 during assessment Monitor w/ VS: HR – 82, NSR RR – 20, O2 Sat- 96% on 2L/nc BP - 138/80 (standby) T - 37.6° C, 99.7°F. BP via NBP & T. is on standby Breath sounds: End exp. wheezes bilaterally.  Trigger: Learners perform initial assessment and actions within 2-3 minutes | <ol> <li>Performs hand hygiene.</li> <li>Introduce selves and role</li> <li>Identify patient using 2         patient identifiers</li> <li>Engage patient in plan of care</li> <li>Start initial assessment</li> <li>Check IV for patency,         accuracy</li> <li>Responds to patient         concerns</li> <li>Check timing of last Albuterol         treatment</li> </ol> | <ol> <li>NPSG to minimize risk of error and infection</li> <li>Components of focused cardiopulmonary assessment</li> <li>Pharmacology – expected effects and side effects of Nitroglycerine</li> <li>Strategies for engaging patient in plan of care</li> <li>Strategies for minimizing patient anxiety regarding transfer to higher level of care</li> <li>Division of tasks (check chart for lab results; etc.)</li> </ol> |  |  |  |  |  |





| STATE / PATIENT STATUS                                                                                                                                                                                   | DESIRED ACTIONS & TRIGGERS TO MOVE TO NEXT STATE                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |  |  |  |  |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| 2.                                                                                                                                                                                                       | Operator:                                                                                                                 | Learner Actions:                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Debriefing Points:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |  |  |  |  |
| Patient becomes non-responsive.  Does not respond to shake and shout.  Cue: If learners do not call a code, wife will enter room and excitedly draw attention to the fact that patient is not breathing. | Rhythm: effective CPR  pulse - 0 RR - 0 O <sub>2</sub> Sat – unable to obtain BP - 0  Triggers: Code called BLS initiated | <ol> <li>Assess no pulse, no respiratory rate</li> <li>Call Code</li> <li>initiate BCLS         <ul> <li>open airway</li> <li>begin CPR</li> <li>crash cart/pads/defibrillator</li> <li>place backboard</li> <li>Identify scribe</li> </ul> </li> <li>turn off Nitroglycerine drip</li> <li>DC IV with KCI</li> <li>Start NS IV fast rate</li> <li>O<sup>2</sup>@15L w/ Ambu resuscitation</li> <li>Call out status/ activities</li> <li>One person assigned to wife</li> </ol> | <ol> <li>Identification of a code blue by determining no RR, no pulse</li> <li>Components of teamwork &amp; communication in rapidly deteriorating situations</li> <li>Strategies for assuring all important assessments/ interventions are completed and not duplicated</li> <li>BCLS/ACLS Protocols</li> <li>Rationale for changing IV's – stopping nitroglycerine, changing to NS at rapid rate</li> <li>Division of tasks and feedback from team – Team STEPPS</li> <li>Role of nurse in charge of status communication with family member</li> </ol> |  |  |  |  |





| STATE / PATIENT STATUS     | DESIRED ACTIONS & TRIGGERS TO MOVE TO NEXT STATE                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                       |  |  |  |  |
|----------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|
| 3.                         | Operator:                                                                                                                                                                                                                                                                                                                                 | Learner Actions:                                                                                                                                                                                                                                                                                                                                                                                                                                            | Debriefing Points:                                                                                                                                                                                                                                                                                                                                                    |  |  |  |  |
| Pt. remains non-responsive | RT arrives to help with airway management Code RN arrives (checks previously done EKG)  HR 0 RR 0 O2 Sat 96% BP absent  Triggers: Learner actions completed within 8-10 minutes  Code MD or ICU RN orders (code leader): We have identified the rhythm as Vfib so let's shock now and immediately continue CPR Then give Epi 1 mg IVP now | <ol> <li>Give brief SBAR to Code Blue Team</li> <li>Identify rhythm as V-fib on defibrillator monitor</li> <li>Work as a team to perform ACLS according to AHA.</li> <li>Assure IV patency- NS at rapid rate</li> <li>Adm shock then Epi 1 mg IV push per ACLS protocol</li> <li>Continue CPR and reassess rhythm and pulse after 2 mins</li> <li>Acknowledge wife's presence and realistically comfort, determine if she will stay in the room.</li> </ol> | <ol> <li>Strategies for managing stress in escalating situations</li> <li>ACLS protocol for Vfib</li> <li>Teamwork before and after the code team arrives</li> <li>Pastoral care for wife's support</li> <li>Strategies for dealing with family in room during resuscitation efforts</li> <li>Discussion about family in room during resuscitation efforts</li> </ol> |  |  |  |  |





| STATE / PATIENT STATUS                                                         | DESIRED ACTIONS & TRIGGERS TO MOVE TO NEXT STATE                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                   |  |  |  |
|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| 4.                                                                             | Operator:                                                                                                                                                               | Learner Actions:                                                                                                                                                                                                                                                                                                                                                                              | Debriefing Points                                                                                                                                                 |  |  |  |
| Pt. begins to respond with a moan  HR 54 RR 12 O <sub>2</sub> Sat 90% BP 96/66 | Change – continued gradual improvement in vital signs over 2 minutes HR 62 RR 20 O <sub>2</sub> Sat 93% BP 108/72  Triggers: Learner actions completed within 5 minutes | <ol> <li>Stop CPR with patient moan</li> <li>Check ABCs, Repeat VS,</li> <li>Focused assessment: LOC,         Neuro, Cardio-pulmonary</li> <li>Administer O2 6L by mask</li> <li>Respond to patient's/wife's         questions</li> <li>Code blue nurse: support nurses,         call provider for ICU transfer         orders</li> <li>Order Stat EKG, Chem panel with         Mg</li> </ol> | <ol> <li>Transition steps from code once pt. responds to treatment</li> <li>Strategies for debriefing critical incident and returning to patient care.</li> </ol> |  |  |  |

Scenario End Point: Rapid Response Nurse relieves nursing team

Suggestions to <u>decrease</u> complexity: Patient does not code, but instead becomes bradycardic requiring the administration of atropine Suggestions to <u>increase</u> complexity: Learners required to initiate Nitro drip; patient code requires 2 rounds of defibrillation and epi







| Patient N | lame: Ro | obert Jones                                            | Diagnosis: Smoke Inhalation, Inferior Wall MI |  |  |  |
|-----------|----------|--------------------------------------------------------|-----------------------------------------------|--|--|--|
| DOB: 12/  | 25/1964  |                                                        |                                               |  |  |  |
| Age: 48   |          |                                                        |                                               |  |  |  |
| MR#: 12   | 3456     |                                                        |                                               |  |  |  |
| †No Know  | _        | es<br>ivities <mark>Morphine</mark>                    |                                               |  |  |  |
| Date      | Time     | I .                                                    | IDER ORDERS AND SIGNATURE                     |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          | Telemetry Orders                                       |                                               |  |  |  |
|           |          | 1. Stat EKG on arrival                                 |                                               |  |  |  |
|           |          | 2. Bed rest with bathroom privil                       | eges                                          |  |  |  |
|           |          | 3. Cardiac Diet                                        |                                               |  |  |  |
|           |          | 4. Lipitor 20 mg PO daily                              |                                               |  |  |  |
|           |          | 5. ASA 325 mg PO daily                                 |                                               |  |  |  |
|           |          | 6. IV D5 ½ NS with 20 KCL/L at 1                       | 25ml/hr                                       |  |  |  |
|           |          | 7. Nitroglycerin drip 5mcg/min co<br>or SBP<90increase | ontinuous IV; call provider for unrelieved CP |  |  |  |
|           |          | 8. Albuterol inhaler 2.5 mg/3ml                        | QID while awake                               |  |  |  |
|           |          | 9. Oxygen per protocol, keep O2                        | ! sat > 96%                                   |  |  |  |
|           |          | 10. Routine V.S., I&O                                  |                                               |  |  |  |
|           |          |                                                        | BC, CK, Troponin, Myoglobin levels now        |  |  |  |
|           |          | 12. Chem. Panel in AM, CK-MB at                        | 9 PM and in AM                                |  |  |  |
|           |          | 13. EKG in AM                                          |                                               |  |  |  |
|           |          |                                                        | Patrícía Mason MD                             |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
|           |          |                                                        |                                               |  |  |  |
| Signature | 2        |                                                        |                                               |  |  |  |





| APPENDIX B: Digital images of manikin and/or scenario milieu |                           |  |  |  |  |  |
|--------------------------------------------------------------|---------------------------|--|--|--|--|--|
| Insert digital photo here                                    | Insert digital photo here |  |  |  |  |  |
|                                                              |                           |  |  |  |  |  |
| Insert digital photo here                                    | Insert digital photo here |  |  |  |  |  |
|                                                              |                           |  |  |  |  |  |





# **APPENDIX C: DEBRIEFING GUIDE**

| General Debriefing Plan                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                      |                     |                           |  |  |  |  |  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|---------------------|---------------------------|--|--|--|--|--|
| Individual [                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Group                | With Video          | Without Video             |  |  |  |  |  |
| Debriefing Materials                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                      |                     |                           |  |  |  |  |  |
| Debriefing Guide                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Objectives           | Debriefing Po       | ints QSEN                 |  |  |  |  |  |
| QSE                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | N Competencies to c  | onsider for debrie  | fing scenarios            |  |  |  |  |  |
| Patient Centered Care                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | e                    | c/Collaboration     | Evidence-based Practice   |  |  |  |  |  |
| Safety                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Quality Im           | provement           | Informatics               |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | Sample Ques          | stions for Debriefi | ng                        |  |  |  |  |  |
| <ol> <li>Sample Questions for Debriefing</li> <li>How did the experience of caring for this patient feel for you and the team?</li> <li>Did you have the knowledge and skills to meet the learning objectives of the scenario?</li> <li>What GAPS did you identify in your own knowledge base and/or preparation for the simulation experience?</li> <li>What RELEVANT information was missing from the scenario that impacted your performance? How did you attempt to fill in the GAP?</li> <li>How would you handle the scenario differently if you could?</li> <li>In what ways did you check feel the need to check ACCURACY of the data you were given?</li> <li>In what ways did you perform well?</li> <li>What communication strategies did you use to validate ACCURACY of your information or decisions with your team members?</li> <li>What three factors were most SIGNIFICANT that you will transfer to the clinical setting?</li> <li>At what points in the scenario were your nursing actions specifically directed toward PREVENTION of a negative outcome?</li> </ol> |                      |                     |                           |  |  |  |  |  |
| 11. Discuss actual exp                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                      |                     | ons.                      |  |  |  |  |  |
| 12. Discuss roles and                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | •                    | _                   | in light of new evidence. |  |  |  |  |  |
| 14. Consider potential                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                      |                     | in light of new evidence. |  |  |  |  |  |
| =                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | •                    |                     | evaluation of information |  |  |  |  |  |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | ipport patient care. |                     |                           |  |  |  |  |  |
| Notes for future sessions:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                      |                     |                           |  |  |  |  |  |